

# January 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	1	2	3 <i>Belfast International</i>	4
5	6	7	8	9 <i>Leinster Star Awards</i>	10 <i>AAI Senior Comb. Ev. &amp; Relays</i>	11 <i>AAI Masters Indoors</i>
12	13	14	15	16 <i>County Star Awards</i>	17 <i>Celtic CC</i>	18 <i>Leinster Senior &amp; Junior CC &amp; Juv. Relays</i> <i>AAI Juv. Comb. Ev. Ind.</i>
19	20 <i>County AGM</i>	21	22	23	24 <i>AAI Junior Indoors</i> <i>Regional Squads</i>	25 <i>AAI Indoor Games</i> <i>AAI Juv. B' CC</i>
26	27	28 <i>N. Leinster Schools CC</i> <i>Fit4Life Round 1</i>	29 <i>E. Leinster Schools CC</i> <i>W. Leinster Schools CC</i>	30	31	

# February 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 <i>Leinster Indoors Day 1</i>
2	3	4 <i>S. Leinster Schools CC</i>	5	6 <i>Indoor Super Athletics</i>	7 <i>AAI Senior Indoors</i>	8 <i>AAI Senior Indoors</i>
9	10	11 <i>Leinster Schools CC</i>  <i>Assistant Coach Course</i>	12	13 <i>Athletics Leader Course</i>  <i>Talented Athlete Squad</i>	14 <i>IUAA Indoors</i>  <i>Scottish Indoors</i>	15 <i>IUAA Indoors AAI Interm &amp; Masters CC</i> <i>Scottish Indoors</i>
16	17 <i>County Primary Schools CC Relays</i>	18 <i>Assistant Coach Course</i>	19	20 <i>Athletics Leader Course</i>	21 <i>Regional Squads</i>	22 <i>Rás na hÉireann</i>  <i>Fit4Life R2</i>
23	24	25	26 <i>Leinster AGM</i>	27	28 <i>Leinster Indoors Day 2</i>	

# March 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 <i>AAI Senior &amp; Junior CC</i>  <i>Leinster Indoors Day 3</i>
2	3	4	5	6 <i>European Indoors</i>	7 <i>European Indoors</i>  <i>Irish Schools CC</i>	8 <i>European Indoors</i>
9	10	11	12	13	14	15
16	17	18	19	20	21 <i>AAI Juv. Star Awards</i>  <i>Talented Athlete Squad</i>	22 <i>Fit4Life R3</i>
23	24	25 <i>European Masters Indoors</i>	26 <i>European Masters Indoors</i>	27 <i>European Masters Indoors</i>	28 <i>European Masters Indoors</i> <i>World Cross Schools Int. CC</i> <i>AAI Juv. Indoors</i>	29 <i>European Masters Indoors</i>  <i>AAI Juv. Indoors</i>
30 <i>Community Games CC</i>	31					

# April 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 <i>Fit4Life Round 4</i>	2	3	4 <i>AAI Juv. Indoors</i>	5 <i>AAI Juv. Indoors</i>
6	7	8	9	10	11	12 <i>Easter Sunday</i>
13	14	15	16	17	18	19 <i>AAI Road Relays</i>
20	21 <i>County Post Primary Schools T/F</i>	22	23	24 <i>IUAA Ch.  CBS T/F</i>	25 <i>IUAA Ch. Super Athletics  Talented Athlete Squad</i>	26 <i>AAI 10Km Road Ch.</i>
27	28 <i>W. Leinster Schools</i>	29 <i>S. Leinster Schools  N. Leinster Schools</i>	30 <i>E. Leinster Schools  W. Leinster Schools</i>			

# May 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3 <i>Belfast Marathon</i>
4 <i>Leinster Novice Road</i>  <i>Bray Runners 5 Mile</i>	5 <i>E. Leinster Schools</i>	6 <i>E. Leinster Schools</i>  <i>N. Leinster Schools</i>	7	8 <i>S. Leinster Schools</i>	9 <i>County T/F</i>	10 <i>County T/F</i>
11	12	13 <i>Leinster Schools</i>	14	15	1 <i>6 Leinster Schools</i>	17 <i>AAI Games &amp; Relays</i>
18	19 <i>County Primary Schools</i>	20 <i>Fit4Life Round 5</i>	21	22	23 <i>AAI Senior &amp; Masters Comb. Ev</i>  <i>Leinster Comb. Ev.</i>	24 <i>AAI Senior &amp; Masters Comb. Ev</i> <i>Leinster Comb. Ev.</i> <i>Leinster Junior &amp; U23</i>
25	26	27	28	29 <i>European Masters Non stadia</i>	30 <i>European Masters Non stadia</i>  <i>Irish Schools</i>	31 <i>European Masters Non stadia</i>

# June 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 <i>Mini Marathon Cork City Marathon</i>	2	3	4	5	6 <i>Leinster Inter club Relays</i>	7 <i>Leinster Senior &amp; Masters  County Community Games</i>
8	9	10	11	12	13 <i>Leinster U9 - U11 Team + U12 &amp; U13  Ulster T/F Ch.</i>	14 <i>National League Round 1</i>
15	16 <i>Bray Sports</i>	17	18	19	20 <i>Leinster U14 - U19</i>	21 <i>Leinster U14 - U19</i>
22	23	24 <i>Fit4Life R6</i>	25	26 <i>Kilcoole A.C. 4 Mile Road</i>	27 <i>Tailteann Games  AAI Juv. Team Compt.</i>	28 <i>AAI Junior &amp; U23  Grand Prix Race Walk</i>
29	30					

# July 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 <i>County Juvenile Team Event</i> + <i>County 3000m</i> <i>5000m</i>	2	3	4 <i>FISU</i> <i>Cork City Sports</i>	5 <i>European Mountain Running</i>  <i>National League Round 2</i>
6	7	8 <i>IAAF World Youths</i>	9 <i>IAAF World Youths</i>	10 <i>IAAF World Youths</i>	11 <i>Leinster Team Compt. IAAF World Youths</i>  <i>AAI U12 - U19</i>	12 <i>IAAF World Youths</i>  <i>AAI U12 - U19</i>
13	14	15	16 <i>European U23</i>	17 <i>European U23</i>	18 <i>European U23</i>  <i>Schools International</i>  <i>AAI U12 - U19</i>	19 <i>European U23</i>  <i>AAI U12 - U19</i>
20 <i>EYO</i>	21 <i>EYO</i>	22 <i>EYO</i>  <i>Fit4Life Round 7</i>	23 <i>EYO</i>  <i>European Juniors</i>	24 <i>EYO</i>  <i>European Juniors</i>	25 <i>EYO</i>  <i>European Juniors</i>  <i>AAI Juv. Comb. Ev.</i>	26 <i>EYO</i>  <i>European Juniors</i>  <i>AAI Juv. Comb. Ev.</i> <i>AAI B' Ch.</i>
27	28 <i>World Masters</i>	29 <i>World Masters</i>	30 <i>World Masters</i>	31 <i>World Masters</i>		

# August 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 <i>Celtic Games</i>  <i>World Masters</i>  <i>AAI Seniors</i>	2 <i>World Masters</i>  <i>AAI Seniors</i>
3	4	5	6	7	8 <i>National League Final</i>	9
10	11	12	13	14	15 <i>IAAF World Ch</i>	16 <i>IAAF World Ch</i>  <i>AAI Masters</i>  <i>Parnell 10Km</i>
17 <i>IAAF World Ch</i>	18 <i>IAAF World Ch</i>	19 <i>IAAF World Ch</i>	20 <i>IAAF World Ch</i>	21 <i>IAAF World Ch</i>	21 <i>IAAF World Ch</i>	23 <i>IAAF World Ch</i>
24	25	26	27	28	29	30 <i>Fit4Life R8</i>
31						

# September 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6 <i>AAI Half Marathon</i>  <i>Cross Country Squad</i>
7	8	9 <i>Fit4Life R9</i>	10	11 <i>Talented Athlete Squad</i> <i>Talented Athlete Squad Weekend</i>	12 <i>Leinster Schools Comb. Ev.</i> <i>Talented Athlete Squad Weekend</i>	13 <i>Talented Athlete Squad Weekend</i>
14	15	16	17	18	19	20 <i>Lakeshore Striders 10Km</i>
21	22	23	24	25	26 <i>Irish Schools Comb. Ev.</i>	27 <i>Cross Country Squad</i>
28	29	30 <i>County Post Primary Schools CC</i>				

# October 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4 <i>County Even Ages &amp; Novice CC</i>
5	6 <i>County Primary Schools CC</i>	7	8	9	10	11 <i>County Uneven Ages &amp; Intermediate CC</i>
12	13	14 <i>Fit4Life Round 10</i>	15	16	17	18 <i>Gerry Farnham</i>
19	20	21 <i>County Post- Primary Schools CC</i>	22	23	24	25 <i>Leinster Even Ages Novice &amp; Masters CC</i>
26 <i>Dublin City Marathon</i>	27	28	29	30	31	

# November 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 <i>Cross Country Squad</i>
2	3	4	5	6	7	8 <i>Leinster Uneven Ages &amp; Intermediate CC</i>
9	10	11	12	13	14 <i>IUAA Relays</i> <i>Masters Home Counties</i>	15 <i>Fit4Life Round 11</i>
16	17	18	19	20	21	22 <i>AAI Inter Counties &amp; Even Ages</i>
23	24	25 <i>County Post Primary Schools CC Relays</i>	26	27	28	29 <i>Cross Country Squad</i>
30						

# December 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5 <i>Schools Int. Comb. Ev.</i>	6 <i>AAI Novice &amp; Uneven Ages CC</i>
7	8	9	10	11 <i>Sportshall Athletics</i>	12 <i>Fit4Life Round 12</i>	13 <i>European CC</i>
14	15	16	17	18	19	20 <i>County Senior &amp; Junior CC &amp; Juv. CC Relays</i>
21	22	23	24	25	26 <i>'Streets of Wicklow' 5Km</i>	27 <i>Roundwood Biathlon</i>
28	29	30	31			