

Athletics Wicklow

Junior & Women's 3K & Men's 5K

Track Races 2010

Overall Result

3K			
1	Tara Jameson	Inbhear Dee	10.46
5K			
1	Ryan Montgomery	Greystones	16.29
2	Jonathan Phillips	Roundwood	16.58
3	Mick Finnan	Parnell	17.10
4	Colin Daly	Inbhear Dee	17.44
5	John Baldwin	Kilcoole	17.54
6	Rory Mulcahy		18.01
7	Sean Dunne	Inbhear Dee	18.25
8	Noel Conway	Inbhear Dee	18.46
9	Bill Tyrrell	Parnell	19.00
10	Sean Egly		19.16
11	Tony Gartland	West Wicklow	19.17
12	MJ Bolton	Parnell	19.36
13	PJ Doyle	West Wicklow	20.09
14	Jim Boland	West Wicklow	20.21
15	Bruce Phillips	Roundwood	21.22

Junior Women 3K

1	Tara Jameson	Inbhear Dee	10.46
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Junior Men 5K

1	Jonathan Phillips	Roundwood	16.58
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Senior Men

1	Ryan Montgomery	Greystones	16.29
2	Sean Egly		19.16

Masters Men 35

1	Mick Finnan	Parnell	17.10
2	Rory Mulcahy		18.01
3	Noel Conway	Inbhear Dee	18.46

Masters Men 40

1	Sean Dunne	Inbhear Dee	18.25
2	PJ Doyle	West Wicklow	20.09

Masters Men 45

1	Colin Daly	Inbhear Dee	17.44
2	John Baldwin	Kilcoole	17.54
3	Tony Gartland	West Wicklow	19.17
4	Bruce Phillips	Roundwood	21.22

Masters Men 50

1	Bill Tyrrell	West Wicklow	19.00
2	MJ Bolton	Parnell	19.36

Masters Men 60

1	Jim Boland	West Wicklow	20.21
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