



Schools Athletics / Post Primary

Age Groups

- Minor - Under 14 on July 1st in the year of competition
- Junior - Under 15 on July 1st in the year of competition
- Intermediate - Under 17 on July 1st in the year of competition
- Senior - Under 19 on January 1st in the year of competition

Cross Country

Schools Internationals Age Groups

- Junior - Under 15 on September 1st in the year of competition
- Intermediate - Under 17 on September 1st in the year of competition

Cross country Distances :

Boys - Teams of 8 with 4 to count. Girls - Teams of 6 with 3 to count.

Region	Minor Girls	Junior Girls	Inter Girls	Senior Girls	Minor Boys	Junior Boys	Inter Boys	Senior Boys
East Leinster	1500m	2000m	2500m	2000m	1500m	2500m	4000m	5000m
Leinster	1500m	2000m	3500m	3000m	2000m	3000m	4500m	6000m
National	2000m	2500m	3500m	3500m	2500m	3500m	5000m	6000m

Athletes must run in their own age group except in a team event where they may move up one age group.

No athlete may run in more than one race

Qualification from East Leinster to Leinster and Leinster to National :

First 15 Individuals

First 3 Teams

Schools Cross Country International Selection

First 10 athletes in the Irish Schools Championships U15 & U17 provided date of birth meets the criteria.

Track & Field

Athletes may compete in 2 events + Relays

Qualification from East Leinster to Leinster

First 3 in each event with the exception of laned events 400m or less where only 2 qualify.

Qualification from Leinster to National

First 3 in each event with the exception of laned events 400m or less where only 2 qualify.

Selection Criteria for Schools International

Athletes will be selected based on their performance at the Tailteann Interprovincial. First 2 athletes in each event will be selected.



An U15 athlete may only compete at the Tailteann Interprovincial if their birth date is in July or August of the current year.

Schools T/F Events

Girls:

- **Minor:** 75m Hurdles 100m 800m Long Jump Shot (2.72kg) 4x100m Relay
- **Junior:** 100m 200m 800m 1500m 4 x 100m Relay 75m Hurdles High Jump Long Jump Triple Jump Pole Vault Shot (2.72Kg) Discus (0.75kg) Javelin (400g) Hammer(2.5g) 1200m Walk
- **Under 16:** 1 mile
- **Intermediate:** 100m 200m 300m 800m 1500m 3000m 1500m Steeplechase 80m Hurdles 4 x 100m Relay 300m Hurdles High Jump Long Jump Triple Jump Pole Vault Shot (3Kg) Discus (1Kg) Javelin (500g) Hammer (3kg) 2000m Walk.
- **Senior:** 100m 200m 400m 800m 1500m 3000m 1500m Steeplechase 100m Hurdles 400m Hurdles 4 x 100m Relay, 4 x 300m Relay, High Jump Long Jump Triple Jump Pole Vault Shot (4Kg) Discus (1Kg) Javelin (600g) Hammer (4Kg) 3000m Walk.

Boys:

- **Minor:** 75m Hurdles 100m 800m Long Jump Shot (3.00kg) 4 x 100m Relay
- **Junior:** 100m 200m 800m 1500m 80m Hurdles 4 x 100m Relay High Jump Long Jump Triple Jump Pole Vault Shot(4Kg) Discus(1Kg) Javelin(600g) Hammer(4Kg) 1200m Walk.
- **Under 16:** 1 mile
- **Intermediate:** 100m 200m 400m 800m 1500m 3000m 1500m Steeplechase 100m Hurdles 400m Hurdles 4 x 100m Relay High Jump Long Jump Triple Jump Pole Vault Shot(5Kg) Discus(1.5Kg) Javelin (700g) Hammer (5Kg) 2000m Walk.
- **Senior:** 100m 200m 400m 800m 1500m 5000m 2000m Steeplechase 110m Hurdles 400m Hurdles 4 x 100m Relay, 4 x 400m Relay, High Jump Long Jump Triple Jump Shot(6Kg) Discus(1.75Kg) Javelin (800g) Pole Vault Hammer (6Kg) 3000m Walk.

Schools Athletics - Throws Specifications

Category	Shot	Discus	Javelin	Hammer
Minor Boys	3.00kg	0.75kg	500g	-
Junior Boys	4.00kg	1.00kg	600g	4.00kg
Intermediate Boys	5.00kg	1.50kg	700g	5.00kg
Senior Boys	6.00kg	1.75kg	800g	6.00kg
Minor Girls	2.72kg	0.75kg	400g	-
Junior Girls	2.72kg	0.75kg	400g	2.50kg
Intermediate Girls	3.00kg	1.00kg	500g	3.00kg
Senior Girls	4.00kg	1.00kg	600g	4.00kg

Schools Athletics - Hurdle Specifications

BOYS						
Category	Distance	Height	No.	Approach	Interval	Finish
Minor	75m	76.2cm / 2'6"	8	11.50m	7.50m	11.00m
Junior	80m	84.0cm / 2'9"	8	12.00m	8.00m	12.00m
Intermediate	100m	91.4cm / 3'0"	10	13.00m	8.50m	10.5m
Senior	110m	99.0cm / 3'3"	10	13.72m	9.14m	14.02m
GIRLS						
Minor	75m	68.6cm / 2'3"	8	11.50m	7.50m	11.00m
Junior	75m	76.2cm / 2'6"	8	11.50m	7.50m	11.00m
Intermediate	80m	76.2cm 2'6"	8	12.00m	8.00m	12.00m



Athletics
— WICKLOW —

Senior	100m	84.0cm / 2'9"	10	13.00m	8.50m	10.50m
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Long Hurdles Specifications

BOYS						
Category	Distance	Height	No.	Approach	Interval	Finish
Intermediate	400m	84.0cm / 2'9"	10	45.00m	35.00m	40.00m
Senior	400m	91.4cm / 3'0"	10	45.00m	35.00m	40.00m
GIRLS						
Intermediate	300m	76.2cm / 2'6"	71	50.00m	35.00m	40.00m
Senior	400m	76.2cm / 2'6"	10	45.00m	35.00m	40.00m