



Joma Athletics Wicklow County Championships

Shoreline Sports Park Charlesland, Greystones



Friday 10th May 2024

Start 6.30pm.

Track Events	High Jump	Shot Putt
	U15/16 Girls	U12 Girls 2K
Long Hurdles	U15/16 Boys	U12 Boys 2K
250mH Girls & Boys U 15	U17/18/19 Girls + Women	U15 Girls 2.72K
250mH Girls & Boys U 16	U17/18/19 Boys + Men	U16 Boys 4K
300mH Girls & Boys U 17		U17/18 Girls 3K
400mH Girls & Boys U 18/19		U19 Girls + Sen/Mast Wm 4K
400mH Sen/Mast Men/Women		
600m		
600m Girls & Boys U12	Long Jump	
600m Girls & Boys U13	U13 Boys	Discus
	U13 Girls	U14 Boys
		U14 Girls
3K		U17/18/19 Boys + Men
3000m Girls U16 – U19 + Women		U17/18/19 Girls + Women
3000m Boys U16 – U19 + Men	Triple Jump	
	U16 upwards	
400M		
400m Girls & Boys U14 –U19		
400m Sen & Mast		
400m Finals if needed		

Track and Field events will run simultaneously.
 Separate competitions will be held for Masters where there are 3 or more entries.
 Order of events may be subject to change during the evening.

Athletes should be proficient in the events that they take part in!

Athletes may only compete in their own age group except for relays, where they can move up one year only! Please adhere to this rule!



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Saturday 11th May 2024

Start 10.30am

Track Events	Long Jump	Turbo Javelin
Award Scheme	Award Scheme	Award Scheme
60m Girls & Boys U8 - U11	U8 Girls & Boys	U10 Boys & U 9 Girls
	U9 Girls & Boys	U11 Boys & U 8 Girls
Distance Races (Awards)	U10 Girls & Boys	U8 Boys & U11 Girls
200m Girls & Boys U8	U11 Girls & Boys	U9 Boys & U10 Girls
300m Girls & Boys U9		
400m Girls & Boys U10	Relays 4x100m	
500m Girls & Boys U11	U8 Girls & Boys	
	U10 Girls & Boys	
	U9 Girls & Boys	
	U11 Girls & Boys	
*****	*****	*****
Start 1pm	Start 1pm	Start 1pm
Sprint Hurdles		
60mH Girls & Boys U12 & U13	Long Jump	Shot Putt
75mH Girls & Boys U14	U12 Girls	U17/18 Boys 5K
80mH Girls U15 & U16	U12 Boys	U13 Boys 2K
80mH Boys U15	U14 Boys	U13 Girls 2K
100mH Girls U17/18	U14 Girls	U15 Boys 3K
100mH Boys U16	U15/16 Girls	U16 Girls 3K
100mH Boys U17	U15/16 Boys	U19 Boys 6K
100mH Girls U19/Sen Wm		Senior/Mast Men 7.26K
110mH Boys U18		
110mH Boys U19/Sen Men	High Jump	Turbo Javelin
Hurdle finals will take place after each age groups heats	U12 Girls	U12 Girls
	U12 Boys	U12 Boys
	U13 Girls	
	U13 Boys	
800m	U14 Girls	Javelin
800m Girls U14 – U19 + Women	U14 Boys	U15/16 Girls
800m Boys U14 – U19 + Men		U15/16 Boys
	Relays 4x100m	U13 Boys
	U12 Girls & Boys	U13 Girls
	U14 Girls & Boys	U14 Boys
Sprints	U16/18 Girls & Boys	U14 Girls
80m Girls & Boys U12 - U14	U13 Girls & Boys	U17/18/19 Boys +Sen Men
100m Girls & Boys U15 - U19	U15 Girls & Boys	U17/18/19 Girls + Sen Wn
100m Sen & Mast	U17/19 Girls & Boys	
80m/100m Finals	Sen/Mast Women & Men	