



**Joma Athletics Wicklow County Championships**  
**Shoreline Sports Park**  
**Charlesland, Greystones**



**Wednesday 8<sup>th</sup> May 2024**

**Start 6.30 pm.**

Track Events	Long Jump	Discus
	U17/18/19 Boys + Men	U15/16 Boys
<b>200m</b>	U17/18/19 Girls + Women	U15/16 Girls
200m Girls U14 – U19 + Women	U15/16 Boys	
200m Boys U14 – U19 + Men	U15/16 Girls	
<b>1500M</b>		<b>Shot Putt</b>
Girls U14 – U19 + Women		U14 Boys 2.72K
Boys U14 – U19 + Men		U14 Girls 2K
		U17, 18, 19 Boys
		U17, 18, 19 Girls & Sen. W

**Track and Field events will run simultaneously.  
 Separate competitions will be held for Masters where there are 3 or more entries.  
 Order of events may be subject to change during the evening.**

**Athletes should be proficient in all the events that they take part in!**

***Athletes may only compete in their own age group except for relays, where they can move up one year only! Please adhere to this rule!***



**Joma Athletics Wicklow County Championships  
Shoreline Sports Park  
Charlesland, Greystones**

**Friday 10<sup>th</sup> May 2024**

**Start 6.30 pm.**

Track Events	High Jump	Shot Putt
	U14 Girls	U12 Girls 2K
<b>Long Hurdles</b>	U15/16 Girls	U12 Boys 2K
250mH Girls & Boys U 15	U15/16 Boys	U15 Girls 2.72K
250mH Girls & Boys U 16	U17/18/19 Girls + Women	U16 Boys 4K
300mH Girls & Boys U 17	U17/18/19 Boys + Men	U16 Girls 3k
400mH Girls & Boys U 18/19		
400mH Sen/Mast Men/Women		
<b>600m</b>		
600m Girls & Boys U12	<b>Long Jump</b>	
600m Girls & Boys U13	U13 Boys	<b>Discus</b>
	U13 Girls	U14 Boys
	U14 Boys	U14 Girls
<b>3K</b>		U17/18/19 Boys + Men
3000m Girls U16 – U19 + Women		U17/18/19 Girls + Women
3000m Boys U16 – U19 + Men	<b>Triple Jump</b>	
	U16 upwards	
<b>400M</b>		
400m Girls & Boys U14 –U19		
400m Sen & Mast		
<b>400m Finals if needed</b>		

Track and Field events will run simultaneously.  
Separate competitions will be held for Masters where there are 3 or more entries.  
Order of events may be subject to change during the evening.

**Athletes should be proficient in the events that they take part in!**

Athletes may only compete in their own age group except for relays, where they can move up one year only! Please adhere to this rule!



## Joma Athletics Wicklow County Championships Shoreline Sports Park Charlesland, Greystones

**Saturday 11<sup>th</sup> May 2024**

**Start 10.30am**

Track Events	Long Jump	Turbo Javelin
<b>Award Scheme</b>	<b>Award Scheme</b>	<b>Award Scheme</b>
60m Girls & Boys U8 - U11	U8 Girls & Boys	U10 Boys & U 9 Girls
	U9 Girls & Boys	U11 Boys & U 8 Girls
<b>Distance Races (Awards)</b>	U10 Girls & Boys	U8 Boys & U11 Girls
200m Girls & Boys U8	U11 Girls & Boys	U9 Boys & U10 Girls
300m Girls & Boys U9		
400m Girls & Boys U10	<b>Relays 4x100m</b>	
500m Girls & Boys U11	U8 Girls & Boys	
	U10 Girls & Boys	
	U9 Girls & Boys	
	U11 Girls & Boys	
*****	*****	*****
<b>Start 1pm</b>	<b>Start 1pm</b>	<b>Start 1pm</b>
<b>Sprint Hurdles</b>		
60mH Girls & Boys U12 & U13	<b>Long Jump</b>	<b>Shot Putt</b>
75mH Girls & Boys U14	U12 Girls	U13 Boys 2K
80mH Girls U15 & U16	U12 Boys	U13 Girls 2K
80mH Boys U15	U14 Girls	U15 Boys 3K
100mH Girls U17/18		Senior/Mast Men 7.26K
100mH Boys U16		
100mH Boys U17		
100mH Girls U19/Sen Wm		
110mH Boys U18		
110mH Boys U19/Sen Men	<b>High Jump</b>	<b>Turbo Javelin</b>
<b>Hurdle finals will take place</b>	U12 Girls	U12 Girls
<b>after each age groups heats</b>	U12 Boys	U12 Boys
	U13 Girls	
	U13 Boys	
<b>800m</b>	U14 Boys	<b>Javelin</b>
800m Girls U14 – U19 + Women		U15/16 Girls
800m Boys U14 – U19 + Men		U15/16 Boys
	<b>Relays 4x100m</b>	U13 Boys
	U12 Girls & Boys	U13 Girls
	U14 Girls & Boys	U14 Boys
<b>Sprints</b>	U16/18 Girls & Boys	U14 Girls
80m Girls & Boys U12 - U14	U13 Girls & Boys	U17/18/19 Boys +Sen Men
100m Girls & Boys U15 - U19	U15 Girls & Boys	U17/18/19 Girls + Sen Wn
100m Sen & Mast	U17/19 Girls & Boys	
<b>80m/100m Finals</b>	Sen/Mast Women & Men	